

Midazolam Protocol

**Adults < 65 years:**

- Initial dose: 1-2.5 mg
- Extra dose: 1 mg
- Maximum dose: 7.5 mg

Adults > 65 years and/or patients with ASA-PS III-IV and/or body weight <50 kg:

- Initial dose: 0.5 - 1 mg
- Extra dose: 0.5 - 1 mg
- Maximum dose: 3.5 mg

During Safe Sedation:

- Assess ASP continuously
- Be mindful of frailty and response when choosing dose
- Allow at least 2 minutes between drugs and doses
- Give saline flush after every dose

If ASP less than 2:

- No further sedatives until ASP greater than 2
- Maintain oxygenation and ventilation
- Keep monitoring vital signs and ASP
- Ask for help



Reversal agents should not be used as routine.

Flumazenil: reverses benzodiazepines

- Initial dose 0.2mg
- Subsequent doses if required of 0.1mg every minute up to 1mg